

Student name: _____

Class: _____

Date: _____

Practice

1 Which of the sentences below refers to listening for gist?

- a Thinking about what you're going to listen to.
- b Listening to understand the general idea of a text.
- c Trying to understand every word.
- d Listening and making lots of notes.
- e Listening to understand the details of a text.

2  **01 Listen to a lecture about urbanization. Order the main ideas (1–4) as the lecturer mentions them.**

- _____ Urban benefits
- _____ Urban drawbacks
- _____ Rural benefits
- _____ Rural drawbacks

3 Write a sentence in your own words with the gist of the recording.


TIP

Look at this structure for a gist sentence:

It is about (topic) and (main ideas).

This structure, which can fit most types of text, allows you to use only noun phrases to express the gist in a short sentence.

The lecturer talks about _____


4  **02 Now listen to a programme about mindfulness. Write down the gist of the five main points the speaker mentions. The first one has been done for you.**

- 1 *Its origins* _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

5  Compare with a partner. Do you have the same points?

6 Use the information to write a sentence with the gist of the programme.

Reflect

7  Think about why listening for gist is important and how you can use it in your studies. Compare your ideas with a partner.